



# Four Shillings Short

Celtic, Folk and World Music

[www.4shillingsshort.com](http://www.4shillingsshort.com)

## Newsletter

October, 2020

[fourshillingsshort@gmail.com](mailto:fourshillingsshort@gmail.com)

### Hello from Aodh Og & Christy of Four Shillings Short:

THE AUTUMNAL EQUINOX has come and gone,  
Samhain marks the end. Another circle around the Sun. Winter snows begin.

Gaia's bountiful blessings, Grateful for the abundance. Joys and sorrows sharing, The common ties that bind us.  
Ancient cycles repeating.

October or Deireadh Fómhair is the final month of Harvest in the Celtic Year. In Ancient times, the Celts would spend this month preparing for Winter and for the Celtic Feast of Samhain, also known as Féile na Marbh (the Feast of the Dead). Samhain (sow-in) is celebrated at the end of October/beginning of November and is Irish-Gaelic for 'the Summer's end',

This Ancient Festival is a celebration of life over death, and a time to remember those who have left the world of the living. Candles are lit at the graves of loved ones and bonfires are lit throughout the countryside. It is believed that the borders between the world of the living and the dead is thinnest on this night -also known as 'Ancestor night'. Halloween and All Souls Eve/Day have their origins in the 'Feast of Samhain'



### A NEW SONG FOR THE TIMES:

We wrote a new song entitled "Be Strong, Be the Light, and keep up the Good fight".

It is inspired by the words of John Lewis and many others.

Here is the link:

<https://www.youtube.com/watch?v=lkvl-w0ypTGQ&feature=youtu.be>

Photo by Keith Harrelson

### FOUR SHILLINGS SHORT - virtual concert

Please set aside this date TUESDAY: NOVEMBER 17, 2020 @ 1:00 – 2:00pm Pacific Standard Time

Join us online for a "Celtic Winter Concert with Four Shillings Short".

Live Streamed from The Back Room in Berkeley,

and in conjunction with the OSHMAN FAMILY JCC of Palo Alto, CA

To view the concert go to the link below anytime after 12:30 pm the day of the concert.

**Free will donations for the concert can be given via the link below**

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## THIS BEAUTIFUL PLACE WE ALL CALL HOME:

It is truly amazing to think that Four Shillings Short has been touring nearly 25 years. Looking back on this amazing journey, we decided to share photos of the beauty and splendor we have been so blessed to witness.



Central California Coast



Morning Fog over the Mountains in Maine



Rocky Mountain Rivers



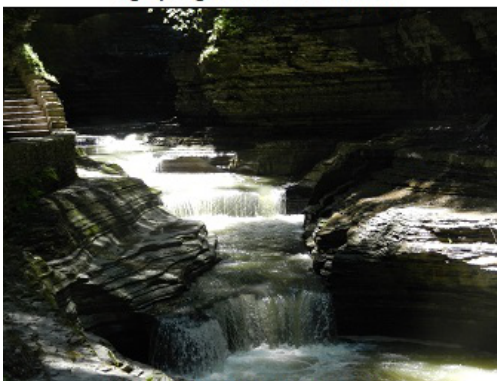
Glacier National Park, Montana



Big Springs in Island Park, Idaho



Niagara Falls, New York



Watkins Glen State Park, New York



Oregon Coast near Port Orford





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**Delicate Arch – Arches National Park, Utah**



**Devil's Postpile – Mammoth Lakes, California**



**Red Rock formations in Sedona, Arizona**



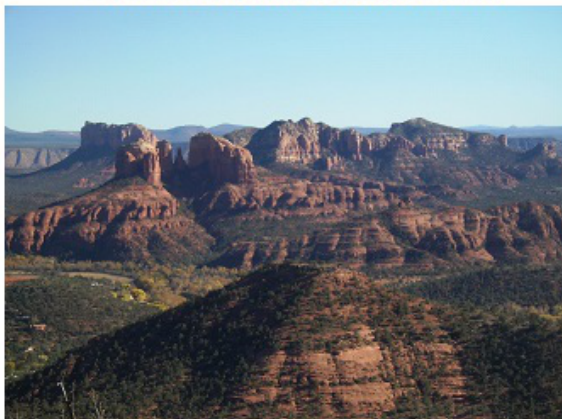
**Lassen National Park, California**



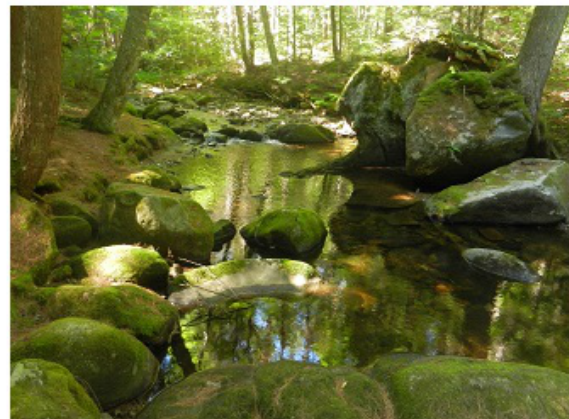
**Tufa formations at Mono Lake, California**



**Devils Tower, Wyoming**



**Desert Buttes near Sedona, Arizona**



**Slyvan pool – White Mountain of New Hampshire**



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## HOW DO YOU WANT THE FUTURE TO FEEL?

This time of immense change and uncertainty can lead to fear and anxiety.

We may feel powerless to have an effect on the way the Future will unfold.

Here is a something I have been doing using the Power of Manifestation.

In meditation and also while I am taking a walk, I have been focusing on how I want the Future to Feel. Centering my attention in my Heart and the using these words that describe how I want to feel, has given me a profound sense of lending my Creative Energy to help bring forth a better World.

Here are some of the words to describe how I want the Future to Feel. I'm sure you can think of other words to add to this list.



**LOVING, COMPASSIONATE, SUPPORTIVE, MATURE, SELFLESS, ABUNDANT,  
PEACEFUL, FAIR, RESPONSIBLE, INCLUSIVE, CHARITABLE, CALM, SPIRITUALLY CENTERED,  
EXPANSIVE, SUSTAINABLE, WISE, INNOVATIVE, CARING, HUMBLE,  
UNDERSTANDING, HONEST, ACCEPTING, RESPECTFUL, TRUSTWORTHY,  
OPEN MINDED, COMMUNICATIVE, PATIENT, GROUNDED, BIG OF HEART, COURAGEOUS,  
ALTRUISTIC, NON-JUDGEMENTAL, COMFORTING, CREATIVE, SERVICE ORIENTED,  
KIND, ARTISTIC, SELF-SACRIFICING, HARD-WORKING, CURIOUS, JOYFUL,  
INTELLIGENT, FORGIVING, SIMPLE, MUSICAL, FORWARD THINKING,  
BEAUTIFUL, EMBRACING, HELPFUL, ENCOURAGING, CONSIDERATE,  
RESOURCEFUL, COMMUNITY ORIENTED, GENEROUS, PLEASANT, GRATEFUL,  
NATURE-LOVING, HAPPY, APPRECIATIVE, CONTENT, COOPERATIVE, ORGANIC, CONSCIOUS,  
SOOTHING, HARMONIOUS, NURTURING, TRANQUIL, AMAZING.....**

## GRATITUDE AND MANY THANKS:

Thank you to all our friends, fans and family who have contacted us this past month, sent us cards, letters and donations and bought CD's to help us. Since all our concerts have been cancelled for the foreseeable future, your generous support is truly appreciated and allows us to keep afloat in this time of uncertainty and loss of income.





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We have 14 boxes of CD's and we aren't able to sell them at our concerts because our concerts don't exist anymore....

Please help prevent Aodh Og from having to stand on street corners, paying people to take our CD's away.

**SPECIAL CD DEALS:** Buy 1 CD for \$10 or Buy 3 CD's for \$20 or Buy 4 CD's for \$25 or Buy all 5 for \$30

Postage not included. Please email us to order CD's and please include your address and phone number.

We will send them in the mail along with an invoice: fourshillingsshort@gmail.com

We have the following 5 CD's available and they make great gifts for friends, family and even your enemies....



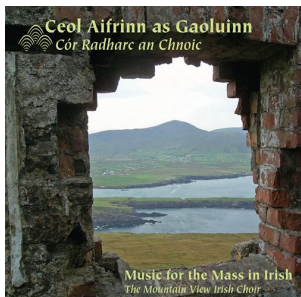
### Icons and Imagery (2019):

Recorded live in the San Francisco Bay Area, our 13th CD includes many beautiful pieces: Anam Cara (with poetry by John O'Donohue), Medicine Wheel by Kate Wolf, two Indian Ragas on the Sitar, Irish songs: Galway Bay, Eileen Og, Waves of Immigration (based on City of Chicago), James Connolly, and 3 original songs.



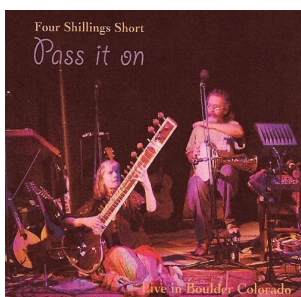
### Blow Ye North Winds Blow (2015):

Celebrating the Celtic Wheel of Time from Harvest to Spring, this album was recorded live at Immersive Studios in Boulder, Colorado. It features 2 Sitar pieces Raga Shri and Raga Bhairavi combined with an Irish chant, Gabhaim Molta Bhride, original song Blow Ye North Winds Blow, seasonal songs Welcome in another Year, Bold Orion on the Rise, Harvest Gypsies, Spring, The Ditchling Carol, Irish tunes on Hammered Dulcimer and some great sing-a-longs Drop in the Bucket and One More Banjo Laid Down.



### Music for the Mass in Irish (2011):

Music for the Mass in Irish is a live Choral CD composed by four different Irish Composers for the Catholic Mass. The music is sung in Gaelic by a 20 voice choir with Pipe Organ, Harp, Fiddle, Tinwhistle and Hammered Dulcimer accompaniment. This recording consists of 7 pieces from Sean O'Riada's first Mass, Ceol an Aifrin (1968), 4 short pieces from Aifreann Phadraig Naofa by Fr. Pat Ahern (Siamsa Tire) (1984), 5 pieces from Aifreann Cholmcille by Tomas O'Canainn (1978) and 2 pieces composed by Aodh Og O'Tuama.



### Pass It On – Live in Boulder Colorado (2010):

Recorded live in June 2010 at Immersive Studios in Boulder, Colorado, this CD includes a new song written by Christy about forgiveness and compassion called Pass It On. This live recording captures the beauty and depth of the sound of Four Shillings Short in concert. It includes 11 tracks with new songs and instrumentals, 2 new Sitar pieces,



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## **Icing on the Lake (2005):**

Our first compilation CD is the "Icing on the Lake" of our first 2 Albums. Included are many favorites (O Susannah, Wayfaring Stranger, Peace in Erin, Coach Road Set) along with many of the San Francisco Bay Area's finest Celtic, Folk and Jazz musicians on acoustic and electric guitar, bass, drums, cello, fiddle, bagpipes, flamenco guitar, steel drums and harp. It's a very high energy and fun album.

## **OTHER WAYS TO HELP:**

If you want to help us but don't really need any CD's, feel free to get in touch and we'll let you know how you can help. Or if you'd like to send a donation, you can send a check to:

Four Shillings Short  
2310 Homestead Road  
Suite C1 #304  
Los Altos, CA 94024

Thank you for any help you can lend at this time.  
Your friends in Music, Hope and Love,  
Christy & Aodh Og  
Four Shillings Short  
P.S....PLEASE VOTE!!!